



Connect

January – April 2025

Issue 35



Connecting people with
learning disabilities in Dorset



Who are People First Dorset?

We are a charity led and run by people with learning disabilities, with support from staff and volunteers.

Important Information



Inside you will find information about our meetings and events from January to April 2025.



If you need support at our events, you must bring someone to support you.



If you would like to support our events and make a voluntary contribution, we will have a 'donation subs' box at events.

Trustee Update



A BIG THANK YOU and goodbye to our two incredibly dedicated and valued trustees, Graham and Hazel.

Hazel became Chair of Trustees in 2016, followed by Graham in 2019. They are retiring after many years of valuable service to People First Dorset. We wish them well and a very happy retirement!



WELCOME Jes and Laura to the Board of Trustees! Jes will also be our new Chair of Trustees.



You may already know them, as Jes has volunteered with us since 2017, and Laura used to work for us. We are so happy to have them both on board.

Online Events



Please let us know if you would like to join our online events, so we can send you the Zoom link.

Our contact details are on the back of the booklet.

January 2025 Events

Don't forget we can't offer support at our events. If you need support, please bring someone to support you.

Friendship Club Events



Dorchester

Date: Tuesday 7th January

Time: 6.00pm – 8.00pm

Where: Brewhouse, Dorchester

Activity: Meal and pebble art



Weymouth

Date: Tuesday 14th January

Time: 6.00pm – 8.00pm

Where: Brewers Fayre, Weymouth

Activity: Meal and pebble art



Weymouth

Date: Thursday 16th January

Time: 7.00pm – 9.00pm

Where: Centenary Club, Weymouth

Activity: Disco



Dorchester

Date: Tuesday 21st January

Time: 6.00pm – 8.00pm

Where: The Junction, Dorchester

Activity: Exploring our local environment

January 2025 Events

Friendship Club Events

Weymouth



Date: Tuesday 28th January

Time: 6.00pm – 8.00pm

Where: Dry Dock, Weymouth

Activity: Pizza and games night, bring £5 for pizza

Speaking Up Events

Weymouth



Date: Tuesday 14th January

Time: 11.00am – 12.30pm

Where: Bethany Hall, Weymouth

Dorchester



Date: Wednesday 15th January

Time: 6.00pm – 7.30pm

Where: United Church, Dorchester

Online

Please see page 2 on how to sign up for our online events.

Date: Monday 13th January

Time: 6.00pm – 7.00pm

Activity: Bingo



Date: Monday 27th January

Time: 6.00pm – 7.00pm

Activity: Budgeting workshop



February 2025 Events

Don't forget we can't offer support at our events. If you need support, please bring someone to support you.

Friendship Club Events



Dorchester

Date: Tuesday 4th February

Time: 6.00pm – 8.00pm

Where: Walnut Grove, Dorchester

Activity: Healthy meal and bingo



Weymouth

Date: Tuesday 11th February

Time: 6.00pm – 8.00pm

Where: The Famous Old Spa, Weymouth

Activity: Healthy meal and bingo



Dorchester

Date: Tuesday 18th February

Time: 6.00pm – 8.00pm

Where: The Junction, Dorchester

Activity: Meal and tabletop cricket



Weymouth

Date: Tuesday 25th February

Time: 6.00pm – 8.00pm

Where: Dry Dock, Weymouth

Activity: Pizza and games night, bring £5 for pizza

February 2025 Events

Friendship Club Events

Weymouth



Date: Thursday 27th February

Time: 7.00pm – 9.00pm

Where: Centenary Club, Weymouth

Activity: Disco

Speaking Up Events

Weymouth



Date: Tuesday 4th February

Time: 11.00am – 12.30pm

Where: Bethany Hall, Weymouth

Dorchester



Date: Wednesday 12th February

Time: 6.00pm – 7.30pm

Where: United Church, Dorchester

Online

Please see page 2 on how to sign up for our online events.

Date: Monday 10th February

Time: 6.00pm – 7.00pm

Activity: Ask me anything



Date: Monday 24th February

Time: 6.00pm – 7.00pm

Activity: Cyber safety

March 2025 Events

Don't forget we can't offer support at our events. If you need support, please bring someone to support you.

Friendship Club Events

Dorchester



Date: Tuesday 4th March

Time: 6.00pm – 8.00pm

Where: United Church, Dorchester

Activity: Keeping safe workshop

Weymouth



Date: Tuesday 11th March

Time: 6.00pm – 8.00pm

Where: St Aldhem's Church, Weymouth

Activity: Keeping safe workshop

Dorchester



Date: Tuesday 18th March

Time: 6.00pm – 8.00pm

Where: Crossroads, Poundbury

Activity: Meal and mindfulness walk

Weymouth



Date: Tuesday 25th March

Time: 6.00pm – 8.00pm

Where: Brewers Fayre, Weymouth

Activity: Meal and mindfulness walk

March 2025 Events

Friendship Club Events



Weymouth

Date: Thursday 27th March

Time: 6.30pm – 9.00pm

Where: Centenary Club, Weymouth

Activity: Talent show and disco

Speaking Up Events

Weymouth



Date: Tuesday 4th March

Time: 11.00am – 12.30pm

Where: Bethany Hall, Weymouth

Dorchester



Date: Wednesday 12th March

Time: 6.00pm – 7.30pm

Where: United Church, Dorchester

Online

Please see page 2 on how to sign up for our online events.



Date: Monday 17th March

Time: 6.00pm – 7.00pm

Activity: Eating well for less

April 2025 Events

Don't forget we can't offer support at our events. If you need support, please bring someone to support you.

Friendship Club Events

Dorchester



Date: Tuesday 1st April

Time: 6.00pm – 8.00pm

Where: Brewhouse, Dorchester

Activity: Meal and quiz

Weymouth



Date: Tuesday 8th April

Time: 6.00pm – 8.00pm

Where: The Famous Old Spa, Weymouth

Activity: Meal and quiz

Dorchester



Date: Tuesday 15th April

Time: 6.00pm – 8.00pm

Where: Borough Gardens, Dorchester

Activity: Picnic and games

Weymouth



Date: Tuesday 22nd April

Time: 6.00pm – 8.00pm

Where: Clock Tower, Weymouth

Activity: Picnic and beach games

April 2025 Events

Friendship Club Events



Weymouth

Date: Thursday 24th April

Time: 7.00pm – 9.00pm

Where: Centenary Club, Weymouth

Activity: Disco

Speaking Up Events

Weymouth



Date: Tuesday 1st April

Time: 11.00am – 12.30pm

Where: Bethany Hall, Weymouth



Dorchester

Date: Wednesday 9th April

Time: 6.00pm – 7.30pm

Where: United Church, Dorchester

Online

Please see page 2 on how to sign up for our online events.



Date: Monday 14th April

Time: 6.00pm – 7.00pm

Activity: Bingo

For more information see:

www.peoplefirstdorset.org.uk

Call: 01305 257600

Email: office@peoplefirstdorset.org.uk

Write:

**People First Dorset
Unit 2 Herringston Barn,
Dorchester, DT2 9PU.**

